

2020

OVER-THE-COUNTER (OTC) PRODUCT CATALOG



Get Over-the-Counter  
Products Every Quarter.

As a SelectHealth Advantage® (HMO, HMO-SNP) member, every quarter you have \$50 to spend on Over-the-Counter (OTC) products. This benefit is provided at no cost to you! Please note quarterly amounts do not roll-over to the next quarter, so use it or lose it. Information on how to place your order can be found in the front of the catalog.

KEEP THIS CATALOG  
for reference each time you place an order.

ORDER ONLINE

[SelectHealthAdvantageOTC.com](https://www.SelectHealthAdvantageOTC.com)

# ORDER GUIDELINES



## ORDER ONLINE

---

You may place an order online using your SelectHealth OTC website at **SelectHealthAdvantageOTC.com**.

**Remember to save your username and password to order again during your next benefit period.**

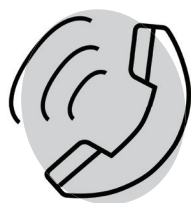


## ORDER BY MAIL

---

You may place your order by mailing in the order form to the OTC Servicing Center, PO Box 526266, Miami, FL 33152-9819.

**If the end of the benefit period is approaching and you do not think your order form will be received in time, you may order online or call us.**



## ORDER BY PHONE

---

If you have questions or would like to place an order over the phone, OTC Advocates are available Monday – Friday from 6 a.m. to 9 p.m. MST at **(855) 626-4667** (TTY: 711).

- You must use your full benefit amount in one order. Unused benefits will not roll over into the next quarter.
- Your order total may not exceed your benefit amount. Cash, checks, credit cards, or money orders are not accepted under this OTC benefit.
- Your order total will be applied to the benefit period in which the order is received.
- OTC products are intended to help with health or medical needs. SelectHealth prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted.
- Items in the OTC catalog occasionally change during the year. For the most up-to-date listing of OTC products available, go to **SelectHealthAdvantageOTC.com**.
- OTC items are available through home delivery only. Products may not be purchased at a local retail pharmacy or through any source other than the SelectHealth OTC benefit channels listed above.

**Allow 5 – 7 business days from the time your order is placed for delivery.**

# HOW TO USE YOUR OTC WEBSITE PAGE

Online Access to Your OTC Benefit is Fast, Easy, and Secure!

Your OTC benefit website offers you many convenient features. You are able to...

- Browse the OTC products that are available to you
- Access a digital copy of your OTC catalog
- Monitor your available balance while you shop
- Track your order and view your order history
- Manage your account
- And more!

If you have already created an account online, just log in to get started!

If it's your first time ordering online, you will need to register and set up your account.

Registration is easy and takes only a few minutes to complete.

Access your SelectHealth OTC website at **SelectHealthAdvantageOTC.com**, indicate that you are a first-time user by clicking on the 'Not Registered? Sign Up Now' button, and enter your information exactly as it appears on your Health Plan ID card. You will need the following:

- First and last name
- Health Plan Member ID number (if your ID number contains any special characters, such as a hyphen (-) or an asterisk (\*), **enter only the numbers**)
- State
- Date of birth as MM/DD/YYYY
- Current email address

You will then create a unique username and password for your account. You will be asked to choose and answer some security questions, so if you forget or misplace your username or password, we can send you a new one. Now you can log in and access your OTC benefit online, 24/7.

If you need any assistance, please give the Order Fulfillment Center a call Monday – Friday from 6 a.m. to 9 p.m. MST at **(855) 626-4667** (TTY: 711). Our friendly and knowledgeable advocates are happy to help you take full advantage of your OTC benefit.

## Please note:

---

Orders for the benefit period must be placed prior to midnight Eastern Time of the last day of the period.

Item #	Description	Packaging	Strength	Price
<b>Allergy</b>				
1090	<b>Cetirizine HCL (Allergy Tablets)</b>	14 ct	10 mg	\$7.00
2003	<b>Cetirizine HCL (Allergy Tablets)</b>	45 ct	10 mg	\$11.00
1008	<b>Chlorpheniramine Maleate Antihistamine (Allergy Tablets)</b>	100 ct	4 mg	\$8.00
1356	<b>Cromolyn Sodium (Allergy Nasal Spray)</b>	26 ml	-	\$17.00
1009	<b>Diphenhydramine Antihistamine (Allergy Tablets)</b>	24 ct	25 mg	\$6.00
1308	<b>Diphenhydramine Antihistamine (Allergy Tablets)</b>	100 ct	25 mg	\$9.00
2021	<b>Diphenhydramine Antihistamine (Allergy Tablets)</b>	400 ct	25 mg	\$15.00
1804	<b>Fexofenadine (Allergy Tablets)</b>	30 ct	180 mg	\$16.00
1946	<b>Fluticasone Propionate (Allergy Nasal Spray, 24-hour)</b>	120 spray	50 mcg	\$23.00
2033	<b>Loratadine (Allergy Tablets)</b>	10 ct	10 mg	\$5.50
1611	<b>Loratadine (Allergy Tablets)</b>	100 ct	10 mg	\$16.00
2020	<b>Loratadine (Allergy Tablets)</b>	365 ct	10 mg	\$25.00
1881	<b>Nasacort</b>	60 spray	-	\$24.00
1922	<b>Nasal Decongestant Inhaler - Levmetamfetamine</b>	.007 oz	50 mg	\$8.00
1091	<b>Nasal Decongestant Spray, 12-Hour</b>	1 oz	0.05%	\$6.00
1052	<b>Nasal Spray, Saline</b>	1.5 oz	0.65%	\$5.50
<b>Antacids &amp; Acid Reducers</b>				
1313	<b>Alka-Seltzer</b>	36 ct	-	\$11.00
1006	<b>Antacid / Anti-Gas Liquid</b>	12 oz	-	\$7.50
1346	<b>Antacid Chewables</b>	150 ct	500 mg	\$7.00
1314	<b>Effervescent Antacid &amp; Pain Relief</b>	36 ct	-	\$7.00
1949	<b>Esomeprazole Magnesium (Acid Reducer, Delayed Release) *</b>	42 ct	20 mg	\$23.00
1108	<b>Famotidine (Acid Reducer) *</b>	30 ct	10 mg	\$7.50

Item #	Description	Packaging	Strength	Price
1970	Omeprazole (Acid Reducer, Delayed Release) *	42 ct	20 mg	\$26.00
1966	Omeprazole (Acid Reducer, Delayed Release, Dissolvable) *	42 ct	20 mg	\$25.00
1900	Ranitidine (Acid Reducer)	30 ct	75 mg	\$7.50
1800	Simethicone (Gas Relief)	100 ct	80 mg	\$8.00
<b>Anticandidal (yeast)</b>				
1115	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator)	45 gm	1%	\$10.00
1117	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator)	1 kit	2%	\$16.00
<b>Anti-diarrheal, Laxatives &amp; Digestive Health</b>				
1316	Beano	30 ct	-	\$9.00
1128	Bisacodyl (Stimulant Laxative, Enteric Coated)	100 ct	5 mg	\$6.50
1012	Calcium Polycarbophil (Fiber Laxative Tablets)	90 ct	625 mg	\$12.00
1969	ClearLax Unflavored Powder Laxative	8.3 oz	17 g	\$13.50
1126	Docusate Sodium (Stool Softener)	100 ct	100 mg	\$8.00
1130	Docusate Sodium plus Sennosides (Natural Vegetable Laxative)	60 ct	8.6 mg, 50 mg	\$7.00
1733	Enema	4.5 oz	-	\$5.50
1124	Ex-Lax	8 ct	15 mg	\$8.00
1155	Fiber Tablets ‡	60 ct	500 mg	\$10.00
1125	Glycerin Suppository Laxative	25 ct	2 gm	\$7.00
1067	Lactase Capsules	60 ct	9,000 FCC Units	\$10.00
1133	Loperamide HCL (Anti-Diarrheal Tablets) *	12 ct	2 mg	\$6.00
1889	Magnesium Citrate (Saline Laxative, Lemon)	10 oz	-	\$6.00
1354	Methylcellulose (Fiber Therapy)	16 oz	-	\$17.00
1011	Milk of Magnesia	12 oz	400 mg	\$6.50
1340	Natural Vegetable Laxative (Psyllium)	13 oz	-	\$10.00

Item #	Description	Packaging	Strength	Price
1967	Natural Vegetable Laxative (Psyllium)	30.4 oz	-	\$16.00
1968	Natural Vegetable Laxative, Sugar Free (Psyllium)	15 oz	-	\$13.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$11.00
1045	Pink Bismuth Chewable Tablets	30 ct	262 mg	\$7.50
1318	Pink Bismuth Liquid	8 oz	525 mg / 30 ml	\$7.00
<b>Anti-fungal</b>				
1047	Clotrimazole (Athlete's Foot Cream)	1.5 oz	1%	\$9.50
1135	Miconazole Nitrate (Anti-fungal Cream)	1 oz	2%	\$9.00
1874	Miconazole Nitrate (Athlete's Foot Spray)	4.6 oz	2%	\$10.50
1046	Terbinafine HCL (Athlete's Foot Cream)	.5 oz	1%	\$11.50
1064	Tolnaftate (Anti-fungal Cream)	1.25 oz	1%	\$7.00
<b>Bathroom Safety &amp; Fall Prevention</b>				
1727	Bath Bench without Back	1 ct	-	\$45.00
1459	Bath Mat, Non-Skid	1 ct	-	\$15.00
1730	Bath Tub Safety Rail	1 ct	-	\$38.00
1726	Folding Cane Ergonomic Handle *	1 ct	-	\$20.00
1790	Gait Belt - 60"	1 ct	-	\$16.00
1791	Gait Belt - 72"	1 ct	-	\$17.00
2007	Handheld Shower Head	1 ct	-	\$25.00
1798	Knurled Chrome Grab Bar - 12"	1 ct	-	\$19.00
1797	Knurled Chrome Grab Bar - 24"	1 ct	-	\$22.00
1983	Night Light	2 ct	-	\$15.00
1777	Quad Cane, Small Base *	1 ct	-	\$25.00
1776	Quad Cane, Large Base *	1 ct	-	\$28.00
1729	Raised Toilet Seat	1 ct	-	\$35.00
1793	Safety Tread Roll, Anti-Slip	1 roll	-	\$15.00

Item #	Description	Packaging	Strength	Price
1780	<b>Safety Treads, Tub &amp; Stair</b>	1 pack	-	\$9.00
1460	<b>Shower Mat, Non-Skid</b>	1 ct	-	\$17.50
1779	<b>Toilet Safety Rails</b>	1 set	-	\$40.00
2008	<b>Treaded Slipper Socks, One Size Fits Most</b>	1 pair	-	\$7.00
<b>Cold &amp; Flu</b>				
1360	<b>Cepacol Sore Throat Lozenges</b>	16 ct	-	\$8.00
1166	<b>Cough &amp; Cold for High Blood Pressure</b>	16 ct	-	\$7.00
1056	<b>Cough Drops, Cherry</b>	30 ct	5.8 mg	\$3.00
1833	<b>Cough Drops, Honey Lemon</b>	30 ct	-	\$3.00
1834	<b>Cough Drops, Menthol</b>	30 ct	-	\$3.00
1182	<b>Cough Drops, Sugar Free, Cherry</b>	25 ct	5.8 mg	\$4.00
1054	<b>Cough Syrup, Expectorant</b>	4 oz	200 mg / 10 ml	\$6.00
1323	<b>Diabetic Tussin DM</b>	4 oz	-	\$9.00
1180	<b>Guaifenesin (Cough Expectorant)</b>	100 ct	200 mg	\$10.00
1178	<b>Mucus Relief DM Expectorant &amp; Cough Suppressant</b>	30 ct	400 mg, 20 mg	\$12.00
1965	<b>Mucus Relief DM Expectorant &amp; Cough Suppressant, Extended Release</b>	14 ct	1,200 mg, 60 mg	\$15.00
1357	<b>Multi-Symptom Cold Formula</b>	24 ct	10 mg, 5 mg, 325 mg	\$8.00
1931	<b>Nasal Rinse Kit, Saline</b>	1 kit	-	\$18.00
1361	<b>Night Time Cold &amp; Flu</b>	4 oz	12.5 mg, 30 mg, 650 mg	\$6.50
1792	<b>Personal Steam Inhaler</b>	1 ct	-	\$50.00
1352	<b>Phenylephrine HCL (Nasal Decongestant PE)</b>	36 ct	10 mg	\$6.00
1176	<b>Sore Throat Lozenges, Cherry</b>	18 ct	-	\$6.00
1904	<b>Sore Throat Spray, Cherry</b>	6 oz	-	\$7.00
1164	<b>Vapor Rub</b>	3.5 oz	4.7%, 1%	\$7.00

Item #	Description	Packaging	Strength	Price
<b>Cold Sore &amp; Medicated Lip Products</b>				
1152	<b>Abreva</b>	2 gm	10%	\$24.00
1256	<b>Blistex Lip Ointment</b>	6 gm	-	\$5.00
1153	<b>Herpecin-L Lip Balm</b>	.1 oz	1%	\$10.00
1359	<b>Releev Cold Sore Treatment</b>	6 ml	0.13%	\$22.50
<b>Dental &amp; Denture Care</b>				
1817	<b>Biotene Dry Mouth Oral Rinse</b>	16 oz	-	\$13.00
1747	<b>Denture Brush</b>	1 ct	-	\$6.00
1032	<b>Denture Cleaning Tablets</b>	40 ct	-	\$7.00
1653	<b>Efferdent Plus Mint Tablets</b>	36 ct	-	\$9.00
1843	<b>Effergrip Denture Cream Adhesive</b>	2.5 oz	-	\$9.00
1187	<b>Fixodent</b>	.75 oz	-	\$6.50
1751	<b>Interdental Flossups</b>	90 ct	-	\$5.50
1454	<b>Orajel Pain Relief</b>	.25 oz	20%	\$11.00
1286	<b>Oral Pain Relief</b>	.5 oz	20%	\$7.00
1324	<b>Polident Denture Cream</b>	3.9 oz	-	\$9.00
1892	<b>Polident Overnight</b>	84 ct	-	\$12.00
1455	<b>Reach Waxed Dental Floss - Mint</b>	55 yd	-	\$4.00
1746	<b>Tongue Cleaner</b>	1 ct	-	\$6.00
2015	<b>Toothbrush, Battery Powered</b>	1 ct	-	\$20.00
1413	<b>Toothbrush, Colgate, Adult Soft</b>	1 ct	-	\$3.00
1450	<b>Toothbrush, Rechargeable</b>	1 ct	-	\$37.00
1948	<b>Toothbrush, Soft 2-pack</b>	2 ct	-	\$6.00
1412	<b>Toothbrush, Tek Pro, Angled Soft</b>	1 ct	-	\$3.00
1831	<b>Toothpaste, Colgate</b>	4 oz	-	\$6.00
1838	<b>Toothpaste, Crest Sensi-Relief</b>	4.1 oz	-	\$9.50



Item #	Description	Packaging	Strength	Price
1914	Toothpaste, Fluoride	6.4 oz	-	\$5.00
1414	Toothpaste, Pepsodent	5.5 oz	-	\$4.00
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$5.00
1716	Toothpaste, Ultrabrite Advanced Whitening	6 oz	-	\$6.00
1744	Water Jet	1 ct	-	\$45.00
1743	Water Jet Replacement Tips	5 ct	-	\$17.00
<b>Diabetes Care</b>				
1839	Diabetic Skin Relief Foot Cream	3.4 oz	-	\$12.00
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	-	\$9.00
1957	Diabetic Socks, Black, Large 3-pack	3 pair	-	\$9.00
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	-	\$9.00
1953	Diabetic Socks, White, Medium 3-pack	3 pair	-	\$9.00
1954	Diabetic Socks, White, Large 3-pack	3 pair	-	\$9.00
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	-	\$9.00
1997	Glucose Tablets	50 ct	-	\$10.00
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair	-	\$11.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair	-	\$11.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair	-	\$11.00
1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair	-	\$11.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair	-	\$11.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair	-	\$11.00
<b>Diagnostics</b>				
1982	Activity Tracker	1 ct	-	\$50.00
1935	Bathroom Scale ‡§	1 ct	-	\$40.00

Item #	Description	Packaging	Strength	Price
1253	Blood Pressure Monitor, Desktop Automatic ‡	1 ct	-	\$40.00
1503	Blood Pressure Monitor, Desktop Talking ‡	1 ct	-	\$47.00
1501	Blood Pressure Monitor, Wrist ‡	1 ct	-	\$30.00
1502	Blood Pressure Monitor, Wrist Talking ‡	1 ct	-	\$35.00
1416	EZ Detect Colon Cancer Test Kit ‡	1 ct	-	\$17.00
1505	Finger Pulse Oximeter ‡	1 ct	-	\$32.00
1771	Heart Rate Monitor Watch ‡	1 ct	-	\$40.00
1251	Home Access Cholesterol Test ‡	1 kit	-	\$30.00
1789	Peak Flow Meter ‡	1 ct	-	\$17.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$6.50
1285	Thermometer, Digital Ear	1 ct	-	\$25.00
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$11.00
1925	Thermometer, Talking Ear and Forehead	1 ct	-	\$50.00
<b>Eye &amp; Ear Care</b>				
1192	Artificial Tears Drops	.5 oz	-	\$6.00
1199	Clear Eyes Eye Drops	.2 oz	-	\$6.00
1742	Cotton Tipped Swabs	300 ct	-	\$5.50
1841	Ear Pain Relief Ear Drops	10 ml	-	\$13.00
1190	Ear Wax Removal Drops	15 ml	6.5%	\$7.00
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$9.00
1468	Multi-Purpose Contact Lens Solution	12 oz	-	\$8.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.00
<b>First Aid</b>				
1344	Adhesive Bandages *	60 ct	-	\$6.00
1803	After Bite Relief	.5 oz	-	\$10.00

Item #	Description	Packaging	Strength	Price
1200	Alcohol Pads *	100 ct	70%	\$5.00
1808	Antiseptic Skin Cleanser	8 oz	-	\$11.00
1201	Antiseptic Towelettes	100 ct	-	\$7.50
1020	Bacitracin Ointment	1 oz	500 U / gm	\$6.50
1142	Bactine Solution	4 oz	-	\$10.00
1926	Burn Relief Spray	4.5 oz	0.5%	\$11.00
1144	Caldyphen Clear (Anti-Itch Lotion)	6 oz	1%	\$8.00
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd *	12 ct	-	\$8.00
1763	Cotton Balls	300 ct	-	\$4.50
1669	Cotton Tipped Applicator - 6"	1000 ct	-	\$11.50
1140	Diphenhydramine HCL / Zinc Acetate (Anti-Itch Cream)	1 oz	-	\$6.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$6.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$6.50
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$7.00
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$8.00
1947	First Aid Kit, 20 Pieces	1 ct	-	\$6.00
1215	First Aid Kit, 75 Pieces	1 ct	-	\$10.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$15.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$9.00
1074	Hydrocortisone 1% Cream	1 oz	1%	\$6.00
1228	Hydrogen Peroxide	16 oz	3%	\$5.00
1796	Insect Repellent Spray - Deet	4 oz	30%	\$12.00
1203	Iodine Solution Antiseptic	4 oz	-	\$7.50
1713	Isopropyl Alcohol	16 oz	70%	\$6.00
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$6.50

Item #	Description	Packaging	Strength	Price
1872	Liquid Bandage	.45 oz	-	\$10.00
1326	Neosporin Plus	.5 oz	-	\$10.00
1840	Nitrile Exam Gloves	100 ct	-	\$12.00
2018	Petroleum Jelly	4 oz	-	\$7.00
1896	Procedural Face Masks with Earloops	50 ct	-	\$12.00
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$6.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$7.50
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$5.50
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$7.00
1014	Triple Antibiotic Ointment	1 oz	-	\$8.00
<b>Foot Care</b>				
1784	Bunion Guard	1 ct	-	\$9.50
1238	Callus Remover Pads	6 ct	-	\$8.00
1236	Corn Remover Pads	9 ct	-	\$7.50
1785	Hammer Toe Crest	1 ct	-	\$12.00
1786	Lamb's Wool Padding	1 ct	-	\$7.00
1240	Medicated Foot Powder	5 oz	-	\$7.50
1782	Moleskin Sheets Plus	4 ct	-	\$8.00
1788	Toe Protector, Small	1 ct	-	\$9.00
1787	Toe Protector, Large	1 ct	-	\$9.00
1783	Toe Separator	6 ct	-	\$8.00
<b>Hemorrhoidal Preparations</b>				
1066	Hemorrhoidal Ointment	2 oz	-	\$9.00
1247	Hemorrhoidal Suppository	12 ct	-	\$7.00

Item #	Description	Packaging	Strength	Price
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$9.00
1248	Preparation H Cream	26 gm	-	\$12.00
<b>Home Aids</b>				
1732	Cushion, Foam Ring	1 ct	-	\$22.00
1466	Cushion, Gel / Foam Seat	1 ct	-	\$30.00
1731	Cushion, Lumbar	1 ct	-	\$20.00
1936	Hypoallergenic Pillow	1 ct	-	\$40.00
2016	Kitchen Scale, Digital ‡	1 ct	-	\$25.00
1875	Medical ID Bracelet - Blank	1 ct	-	\$16.00
1877	Medical ID Bracelet - Diabetic	1 ct	-	\$16.00
1876	Medical ID Bracelet - Heart	1 ct	-	\$16.00
2017	Medicine Bottle Opener with Magnifier	1 ct	-	\$10.00
1933	Pill Crusher with Storage	1 ct	-	\$11.00
1932	Pill Cutter with Safety Shield	1 ct	-	\$9.50
1934	Weekly AM/PM Pill Case	1 ct	-	\$10.00
<b>Incontinence Supplies</b>				
1300	A & D Ointment	2 oz	-	\$7.00
2026	Adult Briefs, Medium - 32" to 44" *	24 ct	-	\$19.00
2027	Adult Briefs, Large - 44" to 58" *	24 ct	-	\$20.00
2028	Adult Briefs, X-Large - 58" to 63" *	20 ct	-	\$20.00
1811	Attends Discreet Men's Guard	20 ct	-	\$14.00
1810	Attends Discreet Men's Shield	20 ct	-	\$13.00
1813	Attends Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$15.50
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$22.00

Item #	Description	Packaging	Strength	Price
1815	Attends Discreet Women's Panty Liner	28 ct	-	\$9.00
1816	Attends Discreet Women's Ultrathin Pad	20 ct	-	\$11.00
1302	Barrier Cream	4 oz	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency *	24 ct	-	\$17.00
1479	Bladder Control Shaped Pad, Heavy Absorbency *	24 ct	-	\$17.00
1480	Bladder Control Shaped Pad, Maximum Absorbency *	18 ct	-	\$17.00
1021	Disposable Underwear, Medium - 34" to 44" *	20 ct	-	\$16.00
1026	Disposable Underwear, Large - 44" to 58" *	18 ct	-	\$16.00
1027	Disposable Underwear, X-Large - 58" to 68" *	14 ct	-	\$16.00
1928	Flushable Wipes	24 ct	-	\$8.00
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$12.00
1993	Premier Adult Briefs, Medium - 32" to 44" *	14 ct	-	\$30.00
1994	Premier Adult Briefs, Large - 44" to 58" *	12 ct	-	\$30.00
1995	Premier Adult Briefs, X-Large - 58" to 63" *	10 ct	-	\$30.00
1990	Premier Disposable Underwear, Medium - 36" to 44" *	18 ct	-	\$30.00
1991	Premier Disposable Underwear, Large - 44" to 58" *	16 ct	-	\$30.00
1992	Premier Disposable Underwear, X-Large - 56" to 68" *	14 ct	-	\$30.00
1476	Underpad, Disposable - 23" x 24" *	50 ct	-	\$16.00
2029	Underpad, Disposable - 23" x 36" *	15 ct	-	\$10.00
1477	Underpad, Disposable - 30" x 30" *	10 ct	-	\$10.00
1996	Underpad, Extra Absorbent Air Permeable, 30" x 36" *	5 ct	-	\$15.00
1348	Washcloth with Lanolin	64 ct	-	\$8.50

Item #	Description	Packaging	Strength	Price
<b>Motion Sickness</b>				
1263	<b>Dimenhydrinate (Motion Sickness Tablets)</b>	12 ct	50 mg	\$7.00
1366	<b>Meclizine HCL (Motion Sickness Caplets)</b>	100 ct	12.5 mg	\$9.00
<b>Pain Relief Aids</b>				
1924	<b>Aspercreme</b>	1.25 oz	-	\$9.00
1944	<b>Cold/Hot Menthol Medicated Patch</b>	5 ct	5%	\$9.00
1846	<b>Fast Freeze, Pain Relief Spray</b>	4 oz	-	\$13.50
1861	<b>Heating Pad, 12" X 15" *</b>	1 ct	-	\$26.00
2024	<b>Heating Pad Digital, 12" x 15" *</b>	1 ct	-	\$45.00
1859	<b>HeatWraps - Back &amp; Hip</b>	2 ct	-	\$11.00
1860	<b>HeatWraps - Neck, Shoulder, &amp; Wrist</b>	3 ct	-	\$11.00
1761	<b>Ice Bag - 9"</b>	1 ct	-	\$9.00
1871	<b>Lidocaine Patch</b>	5 ct	4%	\$13.00
1923	<b>Menthol Gel</b>	8 oz	2%	\$9.00
1762	<b>Pain Relief Mask</b>	1 ct	-	\$9.00
1475	<b>Pain Relieving Muscle Rub</b>	2 oz	2.5%	\$6.00
1739	<b>Salonpas Pain Relief Patches</b>	5 ct	-	\$14.00
1781	<b>Warm or Cold Water Bottle, Rubber Latex</b>	1 ct	-	\$10.00
1261	<b>Wellpatch Migraine</b>	4 ct	-	\$10.00
<b>Pain Relievers &amp; Fever Reducers</b>				
1001	<b>Acetaminophen (Pain Reliever, Regular Strength)</b>	100 ct	325 mg	\$6.50
2030	<b>Acetaminophen (Pain Reliever, Extra Strength)</b>	24 ct	500 mg	\$4.00
1600	<b>Acetaminophen (Pain Reliever, Extra Strength)</b>	100 ct	500 mg	\$7.00
2002	<b>Acetaminophen (Pain Reliever, Extra Strength)</b>	500 ct	500 mg	\$15.00

Item #	Description	Packaging	Strength	Price
1311	<b>Arthritis Pain Reliever</b>	100 ct	650 mg	\$12.00
1095	<b>Aspirin</b>	100 ct	325 mg	\$5.50
1096	<b>Aspirin, Enteric Coated</b>	100 ct	325 mg	\$6.00
1002	<b>Aspirin, Enteric Coated, Low Dose</b>	120 ct	81 mg	\$6.00
1998	<b>Aspirin, Enteric Coated, Low Dose</b>	500 ct	81 mg	\$12.00
1802	<b>Aspirin, Low Dose, Chewables</b>	36 ct	81 mg	\$5.50
1367	<b>Capsaicin (Pain Relief Cream)</b>	2 oz	0.025%	\$9.50
2031	<b>Ibuprofen (Pain Reliever / Fever Reducer)</b>	24 ct	200 mg	\$4.00
1004	<b>Ibuprofen (Pain Reliever / Fever Reducer)</b>	100 ct	200 mg	\$8.00
2001	<b>Ibuprofen (Pain Reliever / Fever Reducer)</b>	500 ct	200 mg	\$16.00
2032	<b>Naproxen Sodium (Pain Reliever / Fever Reducer)</b>	24 ct	220 mg	\$5.00
1097	<b>Naproxen Sodium (Pain Reliever / Fever Reducer)</b>	100 ct	220 mg	\$10.00
1365	<b>Pain Reliever Plus (Acetaminophen / Aspirin)</b>	100 ct	250 mg, 250 mg, 65 mg	\$8.00
1332	<b>Pain Reliever, PM (Acetaminophen, Extra Strength)</b>	100 ct	500 mg, 25 mg	\$9.00
<b>Pediculicide (Lice Treatment)</b>				
1929	<b>Lice Elimination Kit</b>	1 kit	-	\$27.00
1269	<b>Lice Treatment Rinse (Permethrin)</b>	59 ml	1%	\$16.00
1271	<b>Lice Treatment Shampoo</b>	4 oz	-	\$10.50
<b>Skin &amp; Sun Care</b>				
1076	<b>Acne Gel 10% Benzoyl Peroxide</b>	1.5 oz	10%	\$8.50
1368	<b>Ammonium Lactate Moisturizing Lotion</b>	8 oz	12%	\$12.00
1821	<b>Calamine Skin Protectant Lotion</b>	6 oz	-	\$7.00
1065	<b>Hand Sanitizer</b>	8 oz	-	\$4.50
1893	<b>Moisturizing Body Lotion with Aloe</b>	8 oz	-	\$7.50
1852	<b>Scar Gel</b>	1 oz	-	\$12.00



Item #	Description	Packaging	Strength	Price
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$7.50
<b>Sleep Aids</b>				
1724	Nasal Strips, Medium	30 ct	-	\$13.00
1725	Nasal Strips, Large	30 ct	-	\$13.00
1276	Sleep Tablets	50 ct	25 mg	\$7.50
<b>Smoking Cessation</b>				
1372	Nicotine Gum ‡	50 ct	4 mg	\$25.00
1281	Nicotine Lozenges ‡	72 ct	4 mg	\$42.00
1369	Nicotine Patch, Step 1 ‡	14 ct	21 mg / 24 hr	\$35.00
1370	Nicotine Patch, Step 2 ‡	14 ct	14 mg / 24 hr	\$35.00
1371	Nicotine Patch, Step 3 ‡	14 ct	7 mg / 24 hr	\$35.00
<b>Supports &amp; Braces</b>				
1225	Ankle Support	1 ct	-	\$10.00
1767	Arthritis Gloves, Small	1 pair	-	\$27.00
1766	Arthritis Gloves, Medium	1 pair	-	\$27.00
1765	Arthritis Gloves, Large	1 pair	-	\$27.00
2011	Arthritis Knee Sleeve, Small	1 ct	-	\$25.00
2012	Arthritis Knee Sleeve, Medium	1 ct	-	\$25.00
2013	Arthritis Knee Sleeve, Large	1 ct	-	\$25.00
2014	Arthritis Knee Sleeve, X-Large	1 ct	-	\$25.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$23.00
1488	Back Support Elastic with Lumbar	1 ct	-	\$27.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$25.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$25.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$25.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$18.00

Item #	Description	Packaging	Strength	Price
1399	<b>Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡</b>	1 pair	15 - 20 mmHg	\$18.00
1400	<b>Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡</b>	1 pair	15 - 20 mmHg	\$18.00
1401	<b>Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡</b>	1 pair	15 - 20 mmHg	\$18.00
1409	<b>Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)</b>	1 pair	8 - 15 mmHg	\$18.00
1410	<b>Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)</b>	1 pair	8 - 15 mmHg	\$18.00
1411	<b>Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)</b>	1 pair	8 - 15 mmHg	\$18.00
1406	<b>Compression Knee High Socks, Women's Beige, Small (Shoe Size 4 - 5)</b>	1 pair	8 - 15 mmHg	\$18.00
1407	<b>Compression Knee High Socks, Women's Beige, Medium (Shoe Size 5.5 - 7.5)</b>	1 pair	8 - 15 mmHg	\$18.00
1408	<b>Compression Knee High Socks, Women's Beige, Large (Shoe Size 8 - 10.5)</b>	1 pair	8 - 15 mmHg	\$18.00
1760	<b>Deluxe Criss Cross Back Support, Small - 28" to 32"</b>	1 ct	-	\$24.00
1759	<b>Deluxe Criss Cross Back Support, Medium - 33" to 37"</b>	1 ct	-	\$24.00
1758	<b>Deluxe Criss Cross Back Support, Large - 38" to 42"</b>	1 ct	-	\$24.00
1224	<b>Elbow Support</b>	1 ct	-	\$15.00
1862	<b>Hip Protector, Small</b>	1 ct	-	\$46.00
1863	<b>Hip Protector, Medium</b>	1 ct	-	\$46.00
1864	<b>Hip Protector, Large</b>	1 ct	-	\$46.00
1865	<b>Hip Protector, X-Large</b>	1 ct	-	\$46.00
1465	<b>Knee Stabilizer</b>	1 ct	-	\$23.00
1481	<b>Knee Support, Elastic, Small</b>	1 ct	-	\$11.00
1482	<b>Knee Support, Elastic, Medium</b>	1 ct	-	\$11.00
1483	<b>Knee Support, Elastic, Large</b>	1 ct	-	\$11.00
1484	<b>Knee Support, Elastic, Small with Stays</b>	1 ct	-	\$19.00
1485	<b>Knee Support, Elastic, Medium with Stays</b>	1 ct	-	\$19.00

Item #	Description	Packaging	Strength	Price
1486	<b>Knee Support, Elastic, Large with Stays</b>	1 ct	-	\$19.00
1463	<b>Night Wrist Support</b>	1 ct	-	\$30.00
1457	<b>Rib Belt - Female (one size fits most)</b>	1 ct	-	\$18.00
1456	<b>Rib Belt - Male (one size fits most)</b>	1 ct	-	\$18.00
1230	<b>Wrist Splint</b>	1 ct	-	\$22.00
1227	<b>Wrist Support</b>	1 ct	-	\$10.00
<b>Vitamins &amp; Minerals</b>				
1820	<b>Biotin Gummy ‡</b>	60 ct	5,000 mcg	\$13.00
1373	<b>Calcium + Vitamin D3 ‡</b>	60 ct	600 mg / 400 IU	\$7.00
1823	<b>Calcium + Vitamin D3 Gummy ‡</b>	60 ct	500 mg, 1000 IU	\$13.00
1291	<b>Calcium ‡</b>	60 ct	600 mg	\$7.00
1945	<b>Calcium Chew, Chocolate ‡</b>	60 ct	500 mg, 1000 IU	\$10.00
1420	<b>Centrum Silver Chewables ‡</b>	60 ct	-	\$18.00
1825	<b>Chromium Picolinate ‡</b>	100 ct	1000 mcg	\$13.00
1829	<b>Coenzyme Q-10 ‡</b>	30 ct	50 mg	\$12.00
1393	<b>Daily Multivitamin ‡</b>	100 ct	-	\$8.00
1972	<b>Daily Multivitamin Gummy ‡</b>	120 ct	-	\$13.00
1385	<b>Daily Multivitamin with Minerals ‡</b>	100 ct	-	\$8.50
1737	<b>DHEA Hormonal Supplement ‡</b>	50 ct	50 mg	\$12.00
1417	<b>Ferrous Gluconate (Iron Supplement) ‡</b>	110 ct	27 mg	\$8.00
1376	<b>Ferrous Sulfate (Iron Supplement) ‡</b>	100 ct	325 mg	\$7.50
1741	<b>Fish Oil, Soft Gels ‡</b>	60 ct	1000 mg	\$8.00
1849	<b>Flaxseed ‡</b>	100 ct	1000 mg	\$11.00
1850	<b>Folic Acid ‡</b>	100 ct	800 mcg	\$6.50
1114	<b>Glucosamine (Joint Health Support) ‡</b>	60 ct	500 mg	\$11.00
1003	<b>Glucosamine / Chondroitin (Joint Health Support) ‡</b>	60 ct	250 mg, 200 mg	\$12.00

Item #	Description	Packaging	Strength	Price
1975	Healthy Eyes with Lutein ‡	60 ct	-	\$9.00
1866	Immune Support Chewables ‡	50 ct	-	\$11.50
1869	Leg Cramps Pain Relief Caplets ‡	50 ct	-	\$14.00
1418	Magnesium ‡	110 ct	250 mg	\$7.00
1879	Melatonin ‡	100 ct	5 mg	\$12.00
1971	Melatonin Gummy ‡	120 ct	5 mg	\$13.00
1378	Niacin ‡	100 ct	100 mg	\$6.00
1394	Niacin ‡	100 ct	500 mg	\$10.00
1930	Niacin, No Flush ‡	60 ct	500 mg	\$13.00
1976	Omega & DHA Gummy ‡	120 ct	275 mg, 50 mg	\$14.00
1886	One Daily Men's Multivitamin ‡	100 ct	-	\$10.00
1887	One Daily Women's Multivitamin ‡	100 ct	-	\$10.00
1977	Potassium Gluconate ‡	100 ct	595 mg	\$7.00
1395	Rena-Vite ‡	100 ct	-	\$13.50
1392	Senior Multivitamin ‡	90 ct	-	\$11.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$10.00
1735	Vitafusion Fiber Weight Management ‡	90 ct	-	\$17.50
1379	Vitamin A ‡	100 ct	10,000 IU	\$8.00
1016	Vitamin B-1 ‡	100 ct	100 mg	\$7.50
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$11.00
1974	Vitamin B-12, Sublingual ‡	30 ct	5,000 mcg	\$10.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$8.00
1382	Vitamin B-Complex ‡	100 ct	-	\$8.00
1915	Vitamin B-Complex Gummy ‡	70 ct	-	\$13.00
1017	Vitamin C ‡	100 ct	500 mg	\$7.50
1706	Vitamin C ‡	100 ct	1000 mg	\$10.00

Item #	Description	Packaging	Strength	Price
1916	Vitamin C Gummy ‡	60 ct	250 mg	\$12.00
1390	Vitamin D3 ‡	100 ct	1000 IU	\$8.50
1973	Vitamin D3 ‡	100 ct	5000 IU	\$10.00
1978	Vitamin D3 Gummy ‡	120 ct	2000 IU	\$13.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 IU	\$10.00
1419	Zinc Chelated ‡	100 ct	50 mg	\$7.00
<b>Wart Remover</b>				
1288	Dr. Scholl's Wart Removal System	20 ct	-	\$15.00
1075	Wart Remover, Liquid	9 ml	17%	\$10.00
1289	Wartners Wart Removal System	1 ct	-	\$19.00

# Fair Treatment Notice

SelectHealth complies with Federal civil rights laws. We do not discriminate or treat you differently because of your race, color, national origin, age, disability, or sex.

We provide free:

- > Aid to those with disabilities to help them communicate with us, such as sign language interpreters and written information in other formats (large print, audio, electronic formats, other).
- > Language help for those whose first language is not English, such as Interpreters and member materials written in other languages.

For help, call SelectHealth Member Services at **1-800-538-5038** or SelectHealth Advantage Member Services at **1-855-442-9900** (TTY Users: 711).

If you feel you've been treated unfairly, call SelectHealth 504/Civil Rights Coordinator at **1-844-208-9012** (TTY Users: 711) or the Compliance Hotline at **1-800-442-4845** (TTY Users: 711). You may also call the Office for Civil Rights at **1-800-368-1019** (TTY Users: **1-800-537-7697**).

## Language Access Services

**ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a SelectHealth

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 SelectHealth。

**PAUNAWA:** Kung nagsasalita ka ng Tagalog, maari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa SelectHealth.

**CHÚ Ý:** Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số SelectHealth.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. SelectHealth. 번으로 전화해 주십시오.

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。SelectHealth. まで、お電話にてご連絡ください。

ትኩረት፡ በኦሪጋናል ቋንቋ መናገር የሚችሉ ከሆነ፣ የቋንቋ እርዳታ አገልግሎቶች በነጻ ይገኛሉ። ይደውሉ SelectHealth.

ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل بشركة SelectHealth.

**ВНИМАНИЕ:** Если вы говорите на русском языке, то вам доступны бесплатные услуги переводчика. Позвоните SelectHealth.

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร SelectHealth

**ATTENTION :** si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Contactez SelectHealth.

**ACHTUNG:** Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: SelectHealth.

**ОБАВЕШТЕЊЕ:** Ако говорите српски језик, услуге језичке помоћи доступне су вам бесплатно. Позовите SelectHealth.

ध्यान दानिहोस्: तपार्इले नेपाली बोलनुहुन्छ भने तपार्इको नमिति भाषा सहायता सेवाहरू नःशुल्क रूपमा उपलब्ध छ । SelectHealth मा फोन गर्नुहोस्।

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت تماس بگیریید SelectHealth رایگان برای شما فراهم می باشد. با

**Díi baa akó nínizin:** Díi saad bee yáníliti'go Diné Bizaad, saad bee áká'ánida'áwo'de'ę', t'áá jiik'eh, éi ná hólq', kojí' hódíilnih SelectHealth.

**FAKATOKANGA'I:** Kapau 'oku ke lea fakatonga, ko e kau fakatonu lea te nau tokoni atu ta'etotongi, pea te ke lava 'o ma'u ia. Telefoni ki he SelectHealth.

សម្គាល់: បើសិនជាអ្នកនិយាយភាសាខ្មែរ ឬស្លាបជំនួយជូនកែភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ សូមទូរស័ព្ទទមក SelectHealth ។

**SelectHealth: 1-800-538-5038**  
**SelectHealth Advantage: 1-855-442-9900**  
(TTY Users: 711)



# NOTICES

- If you disenroll from SelectHealth, your OTC benefit will automatically terminate.
  - SelectHealth is an HMO, HMO-SNP plan sponsor with a Medicare contract. Enrollment in SelectHealth Advantage depends on contract renewal.
  - This information is available for free in other languages. Please call SelectHealth Member Services. **October 1 to March 31:** Weekdays 7:00 a.m. to 8:00 p.m., Saturday and Sunday 8:00 a.m. to 8:00 p.m. **April 1 to September 30:** Weekdays 7:00 a.m. to 8:00 p.m., Saturday 9:00 a.m. to 2:00 p.m., closed Sunday. Call us at our toll-free telephone number **855-442-9900** (TTY: 711).
  - The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care.
- 

\* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (\*).

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

§ Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.

